

BHARATIYA VIDYA BHAVAN VIDYASHRAM
K.M.MUNSHI MARG, JAIPUR

Ref. : BVBV/PS/2023-24/006

Date: 19.06.2023

Dear Parents,

Greetings,

The International Day of Yog (IDY) is observed on June 21, every year. The theme for this year Yog Day is "**Vasudhaiva Kutumbakam**" and its celebrations aim at creating awareness about the holistic nature of yog and also to encourage people to incorporate it into their daily lives for enhanced well-being. Hence, the tag line for 2023 '**Har Aangan Yog**'

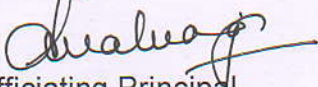
To commemorate this day, BVB, Vidyashram, K M Munshi Marg, Jaipur will be holding a Yog Session on June 21, 2023 from 6:30a.m. to 7:30a.m. on school grounds. We welcome both Parents and Students to join us in this endeavour and share the spirit of well-being with us.

Kindly note that the following: -

- (i) Yoga mats have to be brought by the attendee.
- (ii) Conveyance for students will be arranged by the parents.

Seeking your cooperation as always.

With regards



Officiating Principal